



॥ श्रीमद्भगवद्गीता ॥

॥ ॐ श्री परमात्मने नमः ॥

॥ सुस्वागतम् ॥

Kaksha - 96 09-July-2023 8AM IST Adhyaya-10

Vidushi Shruthakeerti Praveen Shastri

Adhyapikaa – Gita Kaksha

Contact – SLFPrerana@gmail.com

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॥ श्री गुरुभ्यो नमः ॥

सदा शिव समारमभां शङ्कराचार्य मध्यमाम् ।

अस्मदाचार्य पर्यन्तां वन्दे गुरु परम्पराम् ॥

sadā śiva samāramabhāṃ śaṅkarācārya madhyamām
asmadācārya paryantāṃ vande guru paramparām

Salutations to the guru-shishya parampara starting with Parameshwara Sadashiva, with Adi Shankara in the middle and continuing up to my immediate guru.



ॐ सह नाववतु ।
सह नौ भुनक्तु ।
सह वीर्यं करवावहै ।
तेजस्वि नावधीतमस्तु मा विद्विषावहै ।
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Saha NaavAvatu |
Saha Nau Bhunaktu |
Saha Viiryam Karavaavahai |
Tejasvi NaavAdheetam-Astu Maa Vidvishaavahai |
Om Shaanti Shaanti Shaantihi ||

Om, may the Divine protect both teacher and student
May He nourish us together
May we work together with great energy
May our studies be enlightening
May there be no hate among us
Om peace, peace, peace



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॥ अथ ध्यानम् ॥

ॐ पार्थाय प्रतिबोधितां भगवता नारायणेन स्वयं
व्यासेन ग्रथितां पुराणमुनिना मध्ये महाभारतम् ।
अद्वैतामृतवर्षिणीं भगवतीमष्टादशाध्यायिनीं
अम्ब त्वामनुसन्दधामि भगवद्गीते भवद्वेषिणीम् ॥ १॥

om pārthāya pratibodhitāṃ bhagavatā nārāyaṇena svayaṃ
vyāseṇa grathitāṃ purāṇamuninā madhye mahābhāratam
advaitāmṛtavarṣiṇīṃ bhagavatīmaṣṭādaśādhyāyinīṃ
amba tvāmanusandadhāmi bhagavadgīte bhavadveṣiṇīm

Om, Oh! Bhagavad-gita, with which Partha (Arjuna) was enlightened by the Lord Narayana Himself and which was incorporated in the Mahabharata by the ancient sage Vyasa, the divine Mother, who is perennially showering the nectarine philosophy of advaita in the form of eighteen chapters, upon Thee, Oh! blessed Mother, I constantly meditate. You are - the sure antidote to the rocking experience of change - the destroyer of samsara (rebirth).



नमोऽस्तु ते व्यास विशालबुद्धे
फुल्लारविन्दायतपत्रनेत्र ।
येन त्वया भारततैलपूर्णः
प्रज्वालितो ज्ञानमयः प्रदीपः ॥ २ ॥

namo'stu te vyāsa viśālabuddhe
phullāravindāyātapatranetre
yena tvayā bhāratatailapūrṇaḥ
prajvalito jñānamayaḥ pradīpaḥ

Salutations unto Thee, O Vyasa! of mighty intellect, who has eyes like the petals of a full-blown lotus, by whom was lighted the lamp of Knowledge filled with the Mahabharata oil.



प्रपन्नपारिजाताय तोत्रवेत्रैकपाणये ।

ज्ञानमुद्राय कृष्णाय गीतामृतदुहे नमः ॥ ३ ॥

prapannaparijātāya
totravetraikapāṇaye
jñānamudrāya kṛṣṇāya
gītāmṛtaduhe namaḥ

Salutations to Krishna who is a tree of fulfilment (Parijata or Kalpataru) - the bestower of all desires to all those who totally surrender to Him, who has milked the Gita nectar, the holder of jnanamudra, the wielder of the cane in one hand with which He drives home the herd of cattle under His protection.



सर्वोपनिषदो गावो दोग्धा गोपालनन्दनः ।

पार्थो वत्सः सुधीर्भोक्ता दुग्धं गीतामृतं महत् ॥ ४ ॥

sarvopaniṣado gāvo
dogdhā gopālanandanah
pārtho vatsah sudhīrbhoktā
dugdhamṃ gītāmṛtam mahat

All the Upanishads are the cows and Krishna is the one who milks them, Arjuna is the calf, the devotees are the consumers of the great nectar of Gita.



वसुदेवसुतं देवं कंसचाणूरमर्दनम् ।

देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम् ॥ ५ ॥

vasudevasutaṃ devaṃ
kaṃsacāṇūramardanam
devakīparamānandaṃ
kṛṣṇaṃ vande jagadgurum

I salute Bhagawan Krishna, the teacher of the universe, the divine son of Vasudeva, the destroyer of Kamsa and Chanura, the supreme joy of Devaki.



भीष्मद्रोणतटा जयद्रथजला गान्धारनीलोत्पला
शल्यग्राहवती कृपेण वहनी कर्णेन वेलाकुला ।
अश्वत्थामविकर्णघोरमकरा दुर्योधनावर्तिनी
सोत्तीर्णा खलु पाण्डवै रणनदी कैवर्तकः केशवः ॥ ६ ॥

bhīṣmadroṇataṭā jayadrathajalā gāndhārīnīlotpalā
śalyagrāhavatī kṛpeṇa vahinī karṇena velākula
aśvattā mavikarṇa ghoramakarā duryodhanāvartini
sottīrṇā khalu pāṇḍavārṇavanadī kaivartakaḥ keśvaḥ

The river of battle - with Bhisma and Drona, as its banks; with Jayadratha, as its waters; with the king of Gandhara, as the blue water-lily; Salya as the shark; Krpa as the current; Karna as the breaker; Asvathama and Vikarna as the terrible crocodiles; Duryodhana as the whirlpool in it - was indeed crossed over by the Pandavas with Kesava as the ferryman.



पाराशर्यवचः सरोजममलं गीतार्थगन्धोत्कटं
नानाख्यानककेसरं हरिकथा- सम्बोधनाबोधितम् ।
लोके सज्जनषट्पदैरहरहः पेपीयमानं मुदा
भूयाद्भारतपङ्कजं कलिमल- प्रध्वंसिनः श्रेयसे ॥ ७ ॥

pārāśaryavacaḥ sarojamamalaṃ gītārthagandhotkaṭaṃ
nānākhyānakakeśaraṃ harikathāsambodhanābodhitam
loke sajjanaṣaṭpadairaharahaḥ pepīyamānaṃ mudā
bhūyādbhāratapaṅkajaṃ kalimalapradhvaṃsanaṃ śreyase

May the spotless lotus of the Mahabharata, born in the waters of the words of the son of Parasara (i.e. Vyasa), having its sweet and pleasant fragrance of the true significance of Gita, with many narratives as its inner soft petals, fully blossomed by the stories of Hari, and joyously drunk day after day by the six-footed (honeybees) in the form of the good and pure men of the world, be productive of the supreme good to us who are eager to destroy and safely come out of the inner imperfections of the Kali Yuga (era)



मूकं करोति वाचालं पङ्गुं लङ्घयते गिरिम् ।

यत्कृपा तमहं वन्दे परमानन्दमाधवम् ॥ ८ ॥

mūkaṃ karoti vācālaṃ
paṅguṃ laṅghāyate girim
yatkrpā tamahaṃ vande
Paramānandamādhavam

I salute that supreme Ananda, Bhagawan Madhava (Sri Krishna), whose grace makes the dumb eloquent (and) makes the cripple cross a mountain.



यं ब्रह्मा वरुणोन्द्ररुद्रमरुतः स्तुन्वन्ति दिव्यैः स्तवैः
वेदैः साङ्गपदक्रमोपनिषदैर्गायन्ति यं सामगाः ।
ध्यानावस्थिततद्गतेन मनसा पश्यन्ति यं योगिनो
यस्यान्तं न विदुः सुरासुरगणा देवाय तस्मै नमः ॥ ९ ॥

yam brahmA varuNendra rudra marutah stunvanti divyai: stavaihi
vadai sAnga padakramOpanishadair gAyanti yam sAmagAh |
dhyAnAvastita tatgatena manasA pasyanti yam yOginO
yasyAntam na vidhu surA suragaNA devAya tasmai namah ||

Salutations to that Godhead (Bhagawan Vishnu) whom the Brahma, Varuna, Indra, Rudras and Maruts invoke with their divine hymns; whom the singers of Samaveda invoke through the Vedas with their Angas (6), pada, krama and Upanishads, whom the yogis realise with minds absorbed in the goal of their contemplation towards Him, and whose limits are not known (even) to the devas and asuras.



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धृतराष्ट्र उवाच ।
धर्मक्षेत्रे कुरुक्षेत्रे समवेता युयुत्सवः ।
मामकाः पाण्डवाश्चैव किमकुर्वत सञ्जय ॥ १-१ ॥

dhṛtarāṣṭra uvācha ।

dharmakṣētrē kuruṣētrē samavētā yuyutsavaḥ ।
māmakāḥ pāṇḍavāśchaiva kimakurvata sañjaya ॥ 1 ॥

Dhrtarastra asked – What did my people and the Pandavas who were eager to fight (and) who were assembled in the holy land of Kurukshetra do, O Sanjaya?



विस्तरेणात्मनो योगं विभूतिं च जनार्दन ।

भूयः कथय तृप्तिर्हि शृण्वतो नास्ति मेऽमृतम् ॥ १०-१८ ॥

vistarēṇātmanō yōgaṃ vibhūtiṃ cha janārdana ।
bhūyaḥ kathaya tṛptirhi śṛṇvatō nāsti mē'mṛtam ॥ 10-18 ॥

Hey Janardana! Tell me again, in detail, of Your Yoga-Shakti and Vibhuti Swaroopa (Immanent manifestation); for I do not get Trpti (satisfaction) by hearing Your Amrtamaya narration (Amrta-like, nectar-like words).



श्रीभगवानुवाच ।
हन्त ते कथयिष्यामि दिव्या ह्यात्मविभूतयः ।
प्राधान्यतः कुरुश्रेष्ठ नास्त्यन्तो विस्तरस्य मे ॥ १०-१९ ॥

śrībhagavānuvācha ।
hanta tē kathayiṣyāmi divyā hyātmavibhūtayah ।
prādhānyataḥ kuruśrēṣṭha nāstyantō vistarasya mē ॥ 10-19 ॥

Sri Bhagawan said:

Hey Kurushreshta! (Shreshta among the Kurus, Arjuna)
Well, I shall declare to you My Divya Vibhutis (divine
manifestations), immanent in their prominence; there
is no end to the details of My Vibhutis.



अहमात्मा गुडाकेश सर्वभूताशयस्थितः ।

अहमादिश्च मध्यं च भूतानामन्त एव च ॥ १०-२०॥

ahamātmā guḍākēśa sarvabhūtāśayasthitaḥ ।
ahamādiścha madhyaṃ cha bhūtānāmanta ēva cha ॥ 10-20 ॥

Hey Gudakesha! I am the Self residing in the heart of all the Bhutas (beings). I am the beginning, the middle, as well as the end of all the Bhutas (beings).



आदित्यानामहं विष्णुः ज्योतिषां रविरंशुमान् ।

मरीचिर्मरुतामस्मि नक्षत्राणामहं शशी ॥ १०-२१॥

ādityānāmahaṃ viṣṇurjyōtiṣāṃ raviraṃśumān ।
marīchirmarutāmasmi nakṣatrāṇāmahaṃ śaśī ॥ 10-21 ॥

I am Vishnu among the (twelve) Adityas; I am the radiant Sun among the luminaries; I am Marichi among the Maruts; I am the Moon among the Nakshatras.



वेदानां सामवेदोऽस्मि देवानामस्मि वासवः ।

इन्द्रियाणां मनश्चास्मि भूतानामस्मि चेतना ॥ १०-२२ ॥

vēdānāṃ sāmavēdō'smi dēvānāmasmi vāsavaḥ ।
indriyāṇāṃ manaśchāsmi bhūtānāmasmi chētanā ॥10- 22 ॥

I am Samaveda among the Vedas; I am Vasava (Indra) among the Devas; I am the Mind among the Indriyas (senses); and I am the Chetana (Consciousness) among living beings.



रुद्राणां शङ्करश्चास्मि वित्तेशो यक्षरक्षसाम् ।

वसूनां पावकश्चास्मि मेरुः शिखरिणामहम् ॥ १०-२३ ॥

rudrāṇāṃ śaṅkaraśchāsmi vittēśō yakṣarakṣasām ।
vasūnāṃ pāvakaśchāsmi mēruḥ śikhariṇāmaham ॥ 10-23 ॥

I am Shankara (Shiva) among the (eleven) Rudras,
I am Kubera (the treasurer of Devas) among the
Yakshas and Rakshasas, I am the Pavaka (Agni
Devata) among the (eight) Vasus and I am the
Meru among the peaked mountains.



पुरोधसां च मुख्यं मां विद्धि पार्थ बृहस्पतिम् ।

सेनानीनामहं स्कन्दः सरसामस्मि सागरः ॥ १०-२४ ॥

purōdhasām cha mukhyaṃ māṃ viddhi pārtha bṛhaspatim ।
sēnānīnāmahaṃ skandah sarasāmasmi sāgarah ॥ 10-24 ॥

Hey Partha! (son of Prtha, Arjuna) And among the Mukhya of Purohitas, know Me to be Brhaspati (Purohita of the Devas); I am Skanda among the Senadhipatis (Commanders) and I am the Sagara (Ocean) among the reservoirs.



महर्षीणां भृगुरहं गिरामस्म्येकमक्षरम् ।

यज्ञानां जपयज्ञोऽस्मि स्थावराणां हिमालयः ॥ १०-२५ ॥

maharṣīṇāṃ bhṛgurahaṃ girāmasmyēkamaḥṣaram ।
yajñānāṃ japayajñō'smi sthāvarāṇāṃ himālayaḥ ॥ 10-25 ॥

I am Bhrgu among the Maharshis; among words I am (the word Om consisting of) one syllable; I am the Japayajna among the Yajnas; (I am) the Himalayas among the mountains.



यत्र योगेश्वरः कृष्णः यत्र पार्थो धनुर्धरः ।

तत्र श्रीर्विजयो भूतिः ध्रुवा नीतिर्मतिर्मम ॥ १८-७८ ॥

yatra yōgēśvaraḥ kṛṣṇaḥ yatra pārthō dhanurdharaḥ ।
tatra śrīrvijayō bhūtihi dhruvā nītirmatirmama ॥ 18-78 ॥

Wherever is Sri Krishna, the Bhagawan of Yoga, wherever is Partha (Arjuna), the Archer, there will be permanent wealth, victory, prosperity, (and) justice; this is my conviction.



शांति मंत्र

ॐ सर्वे भवन्तु सुखिनः
सर्वे सन्तु निरामयाः ।
सर्वे भद्राणि पश्यन्तु
मा कश्चिद्दुःखभागभवेत् ।
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Sarve Bhavantu Sukhinah
Sarve Santu Niraamayaah |
Sarve Bhadraanni Pashyant
Maa Kashcid-Duhkha-Bhaag-Bhavet |
Om Shaantih Shaantih Shaantih ||

May all be happy; May all be free from infirmities; May all see Auspiciousness; May none partake suffering; Om Peace, Peace, Peace.



॥ धन्यवादाः ॥

Vidushi Shruthakeerti Praveen Shastri

Adhyapika – Gita Kaksha

Next Kaksha-97 on Sunday, 16-July-2023, at 8 AM IST

Contact – SLFPrerana@gmail.com

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